

## June 2026 | Events

## Monday - Friday • 8:30 am-4 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b></p> <p>9:00 Wire Wrapping Class (E) 9:00 Balance &amp; Mobility Class (E) 10:00 Balance &amp; Mobility Class (E) 10:00 Medicare Support w/ Humana (Lobby) 10:00 Pep4u Tremble Clefs Practice <b>11:30 Lunch Café (RR)</b> 1:00 Dance for Wellness 2:30 Tai Chi</p>	<p><b>2</b></p> <p>9:00 Balance &amp; Mobility Class (E) 10:00 Beg. Chair Exercise Class (E) <b>11:30 Lunch Café (RR)</b> 12:00 Knit and Crochet Group 1:00 Bingo</p>	<p><b>3</b></p> <p>9:00 Wire Wrapping Class (E) 9:00 Balance &amp; Mobility Class (E) 10:00 Balance &amp; Mobility Class (E) 10:00 Pep4u Parkinsons Coffee Chat 10:00 Tech Support with Humana (by appt.) <b>11:30 Lunch Café (James Woods) (RR)</b> 12:30 Caregiver Support Group 1:00 Tai Chi (E) 2:00 Grief Share</p>	<p><b>4</b></p> <p>9:00 Balance &amp; Mobility Class (E) 10:00 Beg. Chair Exercise Class (E) 10:00 Pep4u Yoga for Parkinsons 11:00 Chair Yoga (\$2) <b>11:30 Lunch Café (RR)</b> 12:30 Mental Health Support Group 1:00 Chair Dance for Wellness 2:00 Dance for Wellness</p>	<p><b>5</b></p> <p>10:00 TOPS <b>11:30 Lunch Café (Arnie DiCioccio) (RR)</b> 12:30 Cribbage 12:45 Movie (<i>The Mirror Has Two Faces</i>) 1:00 Game Time</p>
<p><b>8</b></p> <p>9:00 HICAP (by appt.) 9:00 Wire Wrapping Class (E) 9:00 Balance &amp; Mobility Class (E) 10:00 Balance &amp; Mobility Class (E) 10:00 Medicare Support w/ Carmen (Lobby) 10:00 Pep4u Tremble Clefs Practice <b>11:30 Lunch Café (Sunshine Band) (RR)</b> 1:00 MemorialCare Social Worker Talk (RR) 1:00 Dance for Wellness 2:30 Tai Chi</p>	<p><b>9</b></p> <p>9:00 Balance &amp; Mobility Class (E) 10:00 Beg. Chair Exercise Class (E) <b>11:30 Lunch Café (RR)</b> 12:00 Knit and Crochet Group 1:00 Bingo</p>	<p><b>10</b></p> <p>9:00 Wire Wrapping Class (E) 9:00 Balance &amp; Mobility Class (E) 10:00 Balance &amp; Mobility Class (E) 10:00 Tech Support with Humana (by appt.) <b>11:30 Lunch Café (James Woods) (RR)</b> 12:30 Caregiver Support Group 1:00 Tai Chi (E) 2:00 Grief Share</p>	<p><b>11</b></p> <p><b>9am-4pm Emeritus Fall Registration</b> 9:00 Balance &amp; Mobility Class (E) 10:00 Beg. Chair Exercise Class (E) 10:00 Pep4u Yoga for Parkinsons 10:00 Medicare Support w/ Humana (Lobby) 11:00 Chair Yoga (\$2) <b>11:30 Lunch Café (RR)</b> 12:30 Mental Health Support Group 1:00 Chair Dance for Wellness 2:00 Dance for Wellness</p>	<p><b>12</b></p> <p>10:00 TOPS <b>11:30 Lunch Café (Arnie DiCioccio) (RR)</b> 12:30 Cribbage 12:45 Movie (<i>La Bamba</i>) 1:00 Game Time 1:30 Crafting with Optum (RR)</p>
<p><b>15</b></p> <p>9:00 HICAP (by appt.) 9:00 Wire Wrapping Class (E) 9:00 Balance &amp; Mobility Class (E) 10:00 Balance &amp; Mobility Class (E) 10:00 Pep4u Tremble Clefs Practice <b>11:30 Lunch Café (Tremble Clefs) (RR)</b> 1:00 Dance for Wellness 2:30 Tai Chi</p>	<p><b>16</b></p> <p>9:00 Balance &amp; Mobility Class (E) 10:00 Beg. Chair Exercise Class (E) <b>11:30 Lunch Café (Tony Rogers) (RR)</b> 12:00 Knit and Crochet Group 1:00 Bingo</p>	<p><b>17</b></p> <p>9:00 Wire Wrapping Class (E) 9:00 Balance &amp; Mobility Class (E) 10:00 Balance &amp; Mobility Class (E) 10:00 Pep4u Parkinsons Coffee Chat 10:00 Tech Support with Humana (by appt.) 10:00 Financial Consultations (by appt.) <b>11:30 Lunch Café (Harmonaires) (RR)</b> 12:30 Caregiver Support Group 1:00 Tai Chi (E) 1:30 Crafting with Carmen (RR) 2:00 Grief Share</p>	<p><b>18</b></p> <p>10:00 Pep4u Yoga for Parkinsons 11:00 Chair Yoga (\$2) <b>11:30 Lunch Café (Cheri Farrah) (RR)</b> 12:30 Mental Health Support Group 1:00 Chair Dance for Wellness 2:00 Dance for Wellness</p>	<p><b>19</b></p> <p>10:00 TOPS <b>11:30 Father's Day Lunch (Arnie DiCioccio) (RR)</b> 12:30 Cribbage 12:45 Movie (<i>Remarkably Bright Creatures</i>) 1:00 Game Time</p>
<p><b>22</b></p> <p>9:00 HICAP (by appt.) 9:00 Wire Wrapping Class (E) 9:00 Balance &amp; Mobility Class (E) 10:00 Balance &amp; Mobility Class (E) 10:00 CA DL Renewal Prep (RR) 10:00 Pep4u Tremble Clefs Practice <b>11:30 Lunch Café (RR)</b> 1:00 Dance for Wellness 2:30 Tai Chi</p>	<p><b>23</b></p> <p>9:00 Balance &amp; Mobility Class (E) 10:00 Beg. Chair Exercise Class (E) <b>11:30 Lunch Café (Silver Singers) (RR)</b> 12:00 Knit and Crochet Group 1:00 Bingo 1:30 Crafting with Optum (RR)</p>	<p><b>24</b></p> <p>9:00 Wire Wrapping Class (E) 9:00 Balance &amp; Mobility Class (E) 10:00 Balance &amp; Mobility Class (E) 10:00 Tech Support with Humana (by appt.) <b>11:30 Lunch Café (James Woods) (RR)</b> 12:30 Art4Healing (RR) 12:30 Caregiver Support Group</p>	<p><b>25</b></p> <p>9:00 Balance &amp; Mobility Class (E) 10:00 Beg. Chair Exercise Class (E) 10:00 Pep4u Yoga for Parkinsons 10:00 Medication Consults with Bill Lu (by appt.) 11:00 Chair Yoga (\$2) <b>11:30 Lunch Café (Street Performers) (RR)</b> 12:30 Mental Health Support Group 1:00 Chair Dance for Wellness 2:00 Dance for Wellness</p>	<p><b>26</b></p> <p>10:00 TOPS <b>11:30 Birthday Lunch Café (Arnie DiCioccio) (RR)</b> 12:30 - Cribbage 12:45 Movie (<i>Tootsie</i>) 1:00 Game Time</p>
<p><b>29</b></p> <p>9:00 Wire Wrapping Class (E) 9:00 Balance &amp; Mobility Class (E) 10:00 Balance &amp; Mobility Class (E) 10:00 Pep4u Tremble Clefs Practice <b>11:30 Lunch Café (RR)</b> <b>1:00 Will Rogers Special Presentation</b> 1:00 Dance for Wellness 2:30 Tai Chi</p>	<p><b>30</b></p> <p>9:00 Balance &amp; Mobility Class (E) 10:00 Beg. Chair Exercise Class (E) <b>11:30 Lunch Café (RR)</b> 12:00 Knit and Crochet Group 1:00 Bingo</p>			