

## May 2026 | Events

## Monday - Friday • 8:30 am-4 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	28	29	30	1 10:00 TOPS 11:30 Lunch Café (Arnie DiCioccio Piano) (RR) 12:30 Cribbage 12:45 Movie ( <i>Same Time, Next Year</i> ) 1:00 Game Time 1:00 Intermediate Oil/Acrylic Painting Class (E)
4 8:30am-4pm Emeritus Registration 9:00 Balance & Mobility Class (E) 10:00 Balance & Mobility Class (E) 10:00 Pep4u Tremble Clefs Practice 11:30 Lunch Café (RR) 1:00 Game Time 1:00 Dance for Wellness 2:30 Tai Chi	5 9:00 Balance & Mobility Class (E) 10:00 Beg. Chair Exercise Class (E) 11:30 Lunch Café (RR) 12:00 Knit and Crochet Group 1:00 Bingo	6 9:00 Wire Wrapping Class (E) 9:00 Balance & Mobility Class (E) 10:00 Balance & Mobility Class (E) 10:00 Pep4u Parkinsons Coffee Chat 11:30 Lunch Café (James Woods Piano) (RR) 12:30 Caregiver Support Group 1:00 Intermediate Knitting Class (E) 1:00 Tai Chi (E) 2:00 Grief Share	7 9:00 Balance & Mobility Class (E) 10:00 Beg. Chair Exercise Class (E) 10:00 Pep4u Yoga for Parkinsons 11:00 Chair Yoga (\$2) 11:30 Lunch Café (RR) 12:30 Mental Health Support Group 1:00 Chair Dance for Wellness 2:00 Dance for Wellness	8 10:00 TOPS 11:30 Mother's Day Luncheon (Arnie DiCioccio Piano) (RR) 12:30 Cribbage 12:45 Movie ( <i>Blue Miracle</i> ) 1:00 Game Time 1:00 Intermediate Oil/Acrylic Painting Class (E) 1:30 Crafting with Optum (RR)
11 9:00 HICAP (by appt.) 9:00 Balance & Mobility Class (E) 10:00 Balance & Mobility Class (E) 10:00 CA DL Renewal Prep (RR) 10:00 Medicare Support with Carmen (Lobby) 10:00 Pep4u Tremble Clefs Practice 11:30 Lunch Café (Sunshine Band) (RR) 1:00 Game Time 1:00 Dance for Wellness 1:00 MemorialCare Social Worker Talk (RR) 2:30 Tai Chi	12 9:00 Balance & Mobility Class (E) 10:00 Beg. Chair Exercise Class (E) 11:30 Lunch Café (RR) 12:00 Knit and Crochet Group 1:00 Bingo	13 9:00 Wire Wrapping Class (E) 9:00 Balance & Mobility Class (E) 10:00 Balance & Mobility Class (E) 11:30 Lunch Café (James Woods Piano) (RR) 12:30 Caregiver Support Group 1:00 Intermediate Knitting Class (E) 1:00 Tai Chi (E) 2:00 Grief Share	14 9:00 Balance & Mobility Class (E) 10:00 Beg. Chair Exercise Class (E) 10:00 Pep4u Yoga for Parkinsons 11:00 Chair Yoga (\$2) 11:30 Lunch Café (Silver Singers) (RR) 12:30 Mental Health Support Group 1:00 Chair Dance for Wellness 2:00 Dance for Wellness	15 10:00 TOPS 11:30 Lunch Café (Arnie DiCioccio Piano) (RR) 12:30 Cribbage 12:45 Movie ( <i>Mrs. Doubtfire</i> ) 1:00 Game Time 1:00 Intermediate Oil/Acrylic Painting Class (E)
18 9:00 HICAP (by appt.) 9:00 Balance & Mobility Class (E) 10:00 Balance & Mobility Class (E) 10:00 Medicare Support with Humana (Lobby) 10:00 Pep4u Tremble Clefs Practice 11:30 Lunch Café (Tremble Clefs) (RR) 1:00 Game Time 1:00 Dance for Wellness 2:30 Tai Chi	19 9:00 Balance & Mobility Class (E) 10:00 Beg. Chair Exercise Class (E) 11:30 Lunch Café (Tony Rogers) (RR) 12:00 Knit and Crochet Group 1:00 Bingo	20 9:00 Balance & Mobility Class (E) 10:00 Balance & Mobility Class (E) 10:00 Tech Support with Humana (by appt.) 10:00 Financial Consultations (by appt.) 10:00 Pep4u Parkinsons Coffee Chat 11:30 Lunch Café (Harmonaires) (RR) 12:30 Caregiver Support Group 1:00 Intermediate Knitting Class (E) 1:00 Tai Chi (E) 1:30 Crafting with Carmen (RR) 2:00 Grief Share	21 10:00 Pep4u Yoga for Parkinsons 11:00 Chair Yoga (\$2) 11:30 Lunch Café (RR) 12:30 Mental Health Support Group 1:00 Chair Dance for Wellness 2:00 Dance for Wellness	22 10:00 TOPS 10:00 Medicare Support with Humana (Lobby) 11:30 Lunch Café (Arnie DiCioccio Piano) (RR) 12:30 - Cribbage 12:45 Movie ( <i>Unlikely Pilgrimage of Harold Fry</i> ) 1:00 Game Time
25 HOLIDAY- CLOSED	26 11:30 Lunch Café (Silver Singers) (RR) 12:00 Knit and Crochet Group 1:00 Bingo	27 9:00 Wire Wrapping Class (E) 10:00 Tech Support with Humana (by appt.) 11:30 Lunch Café (James Woods Piano) (RR) 12:30 Caregiver Support Group 12:30 Art4Healing (RR) 2:00 Grief Share	28 10:00 Pep4u Yoga for Parkinsons 11:00 Chair Yoga (\$2) 11:30 Lunch Café (Street Performers) (RR) 12:30 Mental Health Support Group 1:00 Chair Dance for Wellness 2:00 Dance for Wellness	29 10:00 TOPS 11:30 Birthday Lunch Café (Arnie DiCioccio Piano) (RR) 12:30 - Cribbage 12:45 Movie ( <i>The Pale Blue Eye</i> ) 1:00 Game Time