

February 2026

Age Well | DOROTHY VISSER
SENIOR CENTER

Age Well's Dorothy Visser Senior Center

117 Avenida Victoria, San Clemente (949) 498-3322

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	9:00 – Yoga 9:00 – HICCAP 10:00 – Hand & Foot 11:45 – Lunch 12:15 – Bridge 12:30 – Fresh Food Mon. 2:00 – Chair Yoga	9:00 – Mah Jong 10:30 – Crafts 10:30 – Transitions 11:45 – Lunch 1:00 – Cards 1:00- VA Social	9:00 – TOPS 9:30 – Ask a Nurse - English 10:00 – Caregiver Support 10:30 – Pantry 11:45 – Lunch 12:00 – Mah Jong 1:00- BINGO	10:45- PEP4U 11:00 -Mexican Train 11:45 – Lunch 12:15 – Bridge 2:00 – Chair Yoga	8:00 Coffee Chat 9:00 – Mah Jong 9:00- Spanish Club 10:00- Line Dancing 12:00 -Music/Lunch	
8	9	10	11	12	13	14
	9:00 – Yoga 10:00 – Hand & Foot 11:45 – Lunch 12:15 – Bridge 12:30 – Fresh Food Mon. 2:00 – Chair Yoga	9:00 – Mah Jong 10:00 Art4Healing 11:45 – Lunch 1:00- Social Worker 1:00 – Cards	9:00 – TOPS 10:00 – Confidence in Motion 10:30 – Pantry 11:45 – Lunch 12:00 – Mah Jong 1:00- BINGO	10:15 -Crafting with Diane 10:45- PEP4U 11:00 -Mexican Train 11:45 – Lunch 12:15 – Bridge 2:00 – Chair Yoga	8:00 Coffee Chat 9:00 – Mah Jong 9:00- Spanish Club 10:00- Line Dancing 12:00 -Music/Lunch	
115	16	17	18	19	20	21
	CLOSED	9:00 - Strength & Flexibility 9:00 – Mah Jong 10:30 – Transitions 1:00 – Flowers 11:45 – Lunch 1:00 – Cards 2:00 – Chair Yoga	9:00 – TOPS 10:30 – Pantry 11:30 – CalFresh 11:45 – Lunch 12:00 – Mah Jong 1:00- BINGO RENTAL	10:00 – Hoag Medicare 10:45- PEP4U 11:00 -Mexican Train 11:45 – Lunch 12:15 – Bridge 1:00 – Hoag 2:00 – Chair Yoga	8:00 Coffee Chat 9:00 – Mah Jong 9:00- Spanish Club 10:00- Line Dancing 12:00 -Music/Lunch	
22	23	24	25	26	27	28
	9:00 – Yoga 10:00 – Hand & Foot 11:45 – Lunch 12:15 – Bridge 12:30 – Fresh Food Mon. 2:00 – Chair Yoga	9:00 - Strength & Flexibility 9:00 – Mah Jong 10:15 – Alzheimer 11:45 – Lunch 1:00 – Cards 2:00 – Chair Yoga	9:00 – TOPS 9:30 –Ask a Nurse - Spanish 10:30 – Pantry 11:45 – Lunch 12:00 – Mah Jong 1:00- BINGO	9:00 - Strength & Flex 10:45- PEP4U 11:00 -Mexican Train 11:45 – Lunch 12:15 – Bridge 1:00 – Arm Chair Travel 2:00 – Chair Yoga	8:00 Coffee Chat 9:00 – Mah Jong 9:00- Spanish Club 10:00- Line Dancing 12:00 -Music/Lunch	