

Monday June 30	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
9 Wire Wrapping Class/E 9:30 Balance & Mobility – E 9:30 Tremble Clef Practice 10 CA Driver's License Renewal Prep – RR 11:30 Lunch – RR 1 Game time 1 Tai Chi – Emeritus 1 Dance Vision 2:30 Tai Chi	9 Balance & Mobility – E 10 Beg. Chair Exercise – E 11 Chair Yoga - \$2 11:30 Lunch - RR 12 Knit and Crochet Club 12:30 Poker 1:00 Bingo	9 Wire Wrapping Class/E 9:30 Balance & Mobility – E 10 & 11 Technology help with Ken Samantha - RR 11:30 Lunch – RR – James Woods on piano 12:30 Caregiver support group 1 Tai Chi – Emeritus 2 Chair Yoga - \$2	11 Chair Yoga - \$2 11:30 Lunch – RR 12:30 Mental Health support group 1 Inter Oil/Acrylic painting/E 2 Golden Age of Television with Dr. Michelle Stanton – RR 2 & 3 – Apple Help - RR	<p>Closed for Independence Day</p>
7	8	9	10	11
9 Wire Wrapping Class/E 9:30 Balance & Mobility – E 9 HICAP – RR 9:30 Tremble Clef Practice 10 CA Driver's License Renewal Prep – RR 10:00 Legal Aid 10:15 Therapy Dogs visiting 11:30 Lunch – RR 1 Tai Chi – Emeritus 1 Game time 1 Dance Vision 2:30 Tai Chi	9 Balance & Mobility – E 10 Beg. Chair Exercise – E 11 Chair Yoga - \$2 11:30 Lunch - RR 12 Knit and Crochet Club 12:30 Poker 1:00 Bingo 1:30 Beginners Creative Coloring fa	9 Wire Wrapping Class/E 9:30 Balance & Mobility – E 10 & 11 Technology help with Ken Samantha - RR 11:30 Lunch – RR – James Woods on piano 12:30 Caregiver Group 1 Tai Chi – Emeritus 2 Chair Yoga - \$2 2 Grief Share	9 Balance & Mobility – E 10 Beg. Chair Exercise - E 10 Yoga for Parkinson's 11 Chair Yoga - \$2 11:30 Lunch – RR – Silver Singers 12:30 Mental Health Group 12:30 Therapy Dogs visiting 1 Inter Oil/Acrylic painting/E 1:30 Laughter Yoga by Pam - RR 2 Golden Age of Television with Dr. Michelle Stanton 2 & 3 – Apple Help - RR	10 TOPS Meeting 11:30 Lunch – RR with Arnie DiCioccio on piano 12:30 Cribbage 12:45 Movie Day 1 Game time 4:30–Comedy & Pizza Fundraiser -Reservations required \$15 in advance or \$20 at the door.
14	15	16	17	18
9 Wire Wrapping Class/E 9 HICAP – RR 9:30 Balance & Mobility – E 9:30 Tremble Clef Practice 10 CA Driver's License Renewal Prep – RR 11:30 Lunch-RR-Sunshine Band 1 Tai Chi – Emeritus 1 Game time 1 Dance Vision 1:30 VA Benefits Presentation Martie Atkins of Home Instead 2:30 Tai Chi	9 Balance & Mobility – E 10 Beg. Chair Exercise – E 11 Chair Yoga - \$2 11:30 Lunch – RR - Tony Rogers Performance 12 Knit and Crochet Club 12:30 Poker 1:00 Bingo	9 Wire Wrapping Class/E 9:30 Balance & Mobility – E 10 & 11 Technology help with Ken Samantha - RR 11:30 Lunch - RR Harmonaires Performance 12:30 Caregiver Group 1 Tai Chi – Emeritus 2 Chair Yoga - \$2 2 Grief Share	9 Balance & Mobility – E 10 Beg. Chair Exercise - E 10 Yoga for Parkinson's 11 Chair Yoga - \$2 11:30 Lunch - RR 12:30 Mental Health Group 12:30 Therapy Dogs visiting 1 Inter Oil/Acrylic painting/E 2 Golden Age of Television with Dr. Michelle Stanton 2 & 3 – Apple Help - RR	10 TOPS Meeting 11:30 Lunch - RR with Arnie DiCioccio on piano 12:30 Cribbage 12:45 Movie Day 1 Game time

Over →

Monday	Tuesday	Wednesday	Thursday	Friday
21 9 Wire Wrapping Class/E 9 HICAP – RR 9:30 Balance & Mobility – E 9:30 Tremble Clef Practice 10 CA Driver's License Renewal Prep – RR 11:30 Lunch–RR-Tremble Clef's Performance 1 Tai Chi – Emeritus 1 Game time 1 Dance Vision 2:30 Tai Chi	22 9 Balance & Mobility – E 10 Beg. Chair Exercise – E 10 Advanced Card Making Class with CJ – RR 11 Chair Yoga - \$2 11:30 Lunch – RR – Silver Singers 12 Knit and Crochet Club 12:30 Poker 1:00 Bingo 1 Beginner Card Making Class with CJ – RR	23 9 Wire Wrapping Class/E 9:30 Balance & Mobility – E 10 MemorialCare Medicare information session with Jose 10 & 11 Technology help with Ken Samantha - RR 11:30 Lunch – RR – James Woods on piano 12:30 Caregiver support group 12:30 Art for Healing - RR 1 Inter. Knitting – E 1 Tai Chi – Emeritus 2 Chair Yoga - \$2 2 Grief Share	24 9 Balance & Mobility – E 10 Beg. Chair Exercise – E 10 Yoga for Parkinson's 11 Chair Yoga - \$2 11:30 Lunch - RR-Street Performers 12:30 Mental Health support group 12:30 Therapy Dogs visiting 1 Inter Oil/Acrylic painting/E 1:30 Laughter Yoga by Pam – RR 2 Golden Age of Television with Dr. Michelle Stanton 2 & 3 – Apple Help - RR	25 10 TOPS Meeting 11:30 Lunch – RR - Birthday Celebrations with Arnie DiCioccio on piano & entertainment by Clown Alley 12:30 Cribbage 12:45 Movie Day 1 Game time
28 9 Wire Wrapping Class/E 9:30 Balance & Mobility – E 9:30 Tremble Clef Practice 10 CA Driver's License Renewal Prep – RR 10:15 Therapy Dogs visiting 11:30 Lunch – RR 1 Tai Chi – Emeritus 1 Game time 1 Dance Vision 2:30 Tai Chi	29 9 Balance & Mobility – E 10 Beg. Chair Exercise – E 11 Chair Yoga - \$2 11:30 Lunch-RR-Megumi Choru 12 Knit and Crochet Club 12:30 Poker 1:00 Bingo 1:30 Star Painting with Carmen Llort	30 9 Wire Wrapping Class/E 9:30 Balance & Mobility – E 10 & 11 Technology help with Ken Samantha – RR 10 Financial Consultations with Tim Bryant – RR 11:30 Lunch – RR – James Woods on piano 12:30 Caregiver support group 1 Inter. Knitting – E 1 Tai Chi – Emeritus 2 Chair Yoga - \$2 2 Grief Share	30 9 Balance & Mobility – E 10 Beg. Chair Exercise – E 10 Yoga for Parkinson's 11 Chair Yoga - \$2 11:30 Lunch - RR 12:30 Mental Health support group 12:30 Therapy Dogs visiting 1 Inter Oil/Acrylic painting/E 2 & 3 – Apple Help - RR	August 1 10 TOPS Meeting 11:30 Lunch – RR - with Arnie DiCioccio on piano 12:30 Cribbage 12:45 Movie Day 1 Game time

Coming in August

Golden Age of Television Series with Dr. Michelle Stanton – continues – Thursdays at 2pm

Suncatcher making with Carmen Tuesday, August 5 at 1:30pm – RR

Stay tuned for more fun coming up!

RR = Reservations Required • E = Emeritus Class