


| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
|  | SESAME CHICKEN Cauliflower Broccoli Soup Ginger Brown Rice Orange Juice Peach Crisp Milk 1 | LEMON HERB CHICKEN Moroccan Carrots Lemon Thyme Brown Rice Chocolate Chip Cookie Orange Milk 2 | BEEF MEATBALLS w/MARINARA French Bistro Salad Spaghetti Pineapple Cup Milk 3 | CHICKEN TARRAGON SANDWICH Tomato Basil Soup Orange Juice Cantaloupe Milk 4 |
| CHICKEN KEBAB Moroccan Carrots Spinach Tomato Orzo Orange Juice Oatmeal Raisin Cookie Milk 7 | TUSCAN SALMON Green Beans w/Pearl Onions Whole Wheat Pasta Pineapple Cup Milk 8 | CHICKEN BANH MI SANDWICH Carrot Soup Tropical Fruit Cup Milk 9 | CHICKEN SHAWARMA Mediterranean Salad Pita Bread Orange Pound Cake Milk 10 | CHEESEBURGER Rosemary Roasted Potatoes Cantaloupe Milk 11 |
| GROUND BEEF PITA SANDWICH Steamed Green Beans Macaroni Salad & Pita Bread Pineapple Cup Milk 14 | BEEF MEATLOAF Mashed Potatoes Sauté Peas & Carrots Wheat Roll: Orange Apple Sauce Milk 15 | MANGO CHUTNEY CHICKEN SANDWICH Zucchini Apple Soup Orange Juice Cinnamon Baked Apple Milk 16 | CILANTRO LIME CHICKEN Mediterranean Salad Lemon Thyme Brown Rice Orange Oatmeal Cookie Milk 17 | CHICKEN MARSALA Rainbow Salad Tomato Rice & Bell Pepper Mandarin Cup Milk 18 |
| MEXICAN BEEF LASAGNA Mexican Coleslaw Apple Sauce Orange Juice Milk 21 | GREEK TURKEY BURGER w/TZATZIKI SAUCE Greek Tomato Salad Cantaloupe Milk 22 | CHIPOTLE CHICKEN SANDWICH Split Pea Soup Tropical Fruit Milk 23 | COCONUT SHRIMP w/ MANGO SAUCE Zucchini Apple Soup Cilantro Lime Rice; Orange Chocolate Chip Cookie Milk 24 | SALISBURY BEEF STEAK Mashed Potatoes Carrot Raisin Slaw Wheat Roll Orange Milk 25 |
| BEEF CHILI Roasted Potatoes Rainbow Salad Wheat Roll Cantaloupe Milk 28 | CHICKEN WALDORF CROISSANT Cream of Broccoli Soup Cinnamon Baked Apple Milk 29 | ITALIAN BEEF MEATBALL SUB SANDWICH  Tuscan Bean Soup Orange Apple Sauce Milk 30 | SUGGESTED CONTRIBUTION - 60 YRS OR OLDER: \$5.50 COST - 59 YEARS OR YOUNGER: \$7.50 Reservations are required & must be made by 12pm 2 business days in prior to reservation date. You can RSVP in person at _____ or by calling _____. No special requests or menu substitutions. Menu subject to change without notice. Our menus, per meal, average 500 - 700 calories | |