





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>SUGGESTED CONTRIBUTION - 60 YRS OR OLDER: \$4.00 COST - 59 YEARS OR YOUNGER: \$6.25</p> <p>Reservations are required & must be made by 10am 2 business days in prior to reservation date.</p> <p>• RSVP in person at Lakeview Senior Center or call 949-724-6916.</p> <p>No special requests or menu substitutions. Menu subject to change without notice. Our menus, per meal, average 500 - 700 calories</p>				
<p>TURKEY CHILI Rainbow Salad Corn Bread Seasonal Fruit Milk [Veg: White Bean Chili] 4</p>	<p>CHIPOTLE CHICKEN SANDWICH  Split Pea Soup Pound Cake Orange Juice & Milk [Veg: Sweet Potato Chickpea] 5</p>	<p>MEXICAN BEEF LASAGNA Mexican Coleslaw Orange Juice Apple Sauce Milk [Veg: Mex Blk Bean Lasagna] 6</p>	<p>LEMON CAPER CHICKEN Garden Salad Rice Chocolate Chip Cookie Orange & Milk [Veg: Spinach Wellington] 7</p>	<p>TERIYAKI CHICKEN Asian Salad Rice Seasonal Fruit Milk [Veg: Teriyaki Tofu] 1</p>
<p>MEATBALLS W/ MARINARA  Garden Salad Spaghetti Seasonal Fruit & Milk [Veg: Soy Crumble Marinara] 11</p>	<p>TURKEY MEATBALLS RED CURRY Zucchini & Squash Rice Seasonal Fruit & Milk [Veg: Tandoori Chickpea] 12</p>	<p>TUNA & EGG Chef Salad Wheat Roll Brownie Orange Juice & Milk [Veg: Chickpea Patty] 13</p>	<p>MANGO CHUTNEY CHICKEN SANDWICH Tomato Basil Soup Apple Orange & Milk [Veg: Falafel Sandwich] 14</p>	<p>CORNEB BEEF  Irish Boiled Cabbage Irish Soda Bread Orange Oatmeal Raisin Cookie & Milk [Veg: Stuffed Eggplant] 15</p>
<p>PULLED PORK SLIDER Coleslaw Orange Chocolate Chip Cookie Milk [Veg: Black Bean Patty] 18</p>	<p>BEEF W/ BLACK BEAN TACOS Mexican Coleslaw Tortillas (2) Seasonal Fruit & Milk [Veg: Soy Crumble Blk Bean] 19</p>	<p>SALMON W/ PANANG CURRY SAUCE Sauté Carrots & Peas Rice Seasonal Fruit & Milk [Veg: Panang Curry Tofu] 20</p>	<p>ROASTED CHICKEN SCHWARMA Mediterranean Salad Pita Bread & Orange Oatmeal Cookie & Milk [Veg: Tofu Shawarma] 21</p>	<p>CHICKEN TARRAGON SANDWICH Roasted Carrot Soup Apple Sauce Orange Juice & Milk [Veg: Spinach Potato Patty] 22</p>
<p>VIETNAMESE MINCED PORK Asian Slaw Rice Seasonal Fruit & Milk [Veg: Vietnamese Braised Tofu] 25</p>	<p>CHICKEN RED PEPPER SANDWICH Cream of Broccoli Soup Pound Cake Orange & Milk [Veg: Falafel Sandwich] 26</p>	<p>CHEESEBURGER  Sesame Bun Roasted Potato Hash Apple Orange & Milk [Veg: Veggie Burger] 27</p>	<p>DEVIL EGG SANDWICH Split Pea Soup Chocolate Chip Cookie Orange Juice Milk [Veg: Chickpea Patty] 28</p>	<p>CHICKEN CACCIATORE W/ BLACK OLIVES Garden Salad Wheat Roll Pineapple Parfait & Milk [Veg: Eggplant Parmesan] 29</p>