

RR = Reservation Required

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Closed in Observance of New Year's Day	11:30 Lunch 12 Knit and Crochet 12:30 Poker 1:30 Bingo	10 Create & Color- RR 11:30 Lunch	9:30 DMV Test Prep - RR 10:30 Chair Yoga - RR \$2 11:30 Lunch - Chuck Spearman performance - RR 12:30 Poker 2 & 3 Individual Apple Help-RR	9:30 Individual Apple Help-RR 10 TOPS Meeting 11:30 Lunch 12:30 Cribbage 12:45 Movie Day
	8	9	10	11
9:30 Tremble Clef Practice 10 Legal Aid - RR 10:00 DMV Test Prep - RR 11:30 Lunch - Sunshine Performance Club - RR 1 Ukulele Class - RR 2:30 Tai Chi	11:30 Lunch 12 Knit and Crochet 12:30 Poker 1:30 Bingo	11:30 Lunch 1 Sunshine Lutey's "Surviving & Finding Joy" book event/signing - RR	9:30 DMV Test Prep - RR 10 Yoga for PD 10:30 Chair Yoga - RR \$2 11:30 Lunch 12:30 Poker 12:45 Spring Dance Workshop for PD 2 & 3 Individual Apple Help - RR	9:30 Individual Apple Help-RR 10 TOPS Meeting 11:30 Lunch 12:30 Cribbage 12:45 Movie Day
15	16	17	18	19
Closed in Observance of Martin Luther King Jr. Day	10 & 1 Current Issues 11 Voter Registration 11:30 Lunch- Tony Rogers Performance - RR 12 Knit and Crochet 12:30 Poker 1:30 Bingo 1:30 Improve Your Hearing & Life Workshop - RR	9 & 10 Balance & Mobility 10 Zentangle - RR 10 Memory Testing - RR 11:30 Lunch 1 Knitting Emeritus	8:30 Pantry Staples 9:30 DMV Test Prep - RR 10 Yoga for PD 10:30 Chair Yoga - RR \$2 11:30 Lunch 12:30 Poker 12:45 Spring Dance Workshop for PD 2 & 3 Individual Apple Help - RR	9 & 10 Balance & Mobility 9:30 Individual Apple Help - RR 10 TOPS Meeting 11:30 Lunch 12:30 Cribbage 12:45 Movie Day

22	23	24	25	26
9 & 10 Balance & Mobility 9 HICAP - RR 9:30 Tremble Clef Practice 11:30 Lunch - Tremble Clef Performance 2:30 Tai Chi	10 & 1 Current Issues 11:30 Lunch 12 Knit and Crochet 12:30 Poker 1:30 Bingo	9 & 10 Balance & Mobility 10 Individual Medication Interaction Consult - RR 11:30 Lunch 1 Knitting Emeritus	9:30 DMV Test Prep - RR 10 Yoga for PD 10:30 Chair Yoga - RR \$2 11:30 Lunch 12:30 Poker 12:45 Spring Dance Workshop for PD 2 & 3 Individual Apple Help - RR	9 & 10 Balance & Mobility 9:30 Individual Apple Help - RR 10 TOPS Meeting 11:30 Lunch - Birthday Celebration 12:30 Cribbage 12:45 Movie Day
29	30	31	February 1	February 2
9 & 10 Balance & Mobility 9 HICAP - RR 9:30 Tremble Clef Practice 10:00 DMV Test Prep - RR 11:30 Lunch 2:30 Tai Chi	10 & 1 Current Issues 11:30 Lunch 12 Knit and Crochet 12:30 Poker 1:30 Bingo	9 & 10 Balance & Mobility 11:30 Lunch 12:30 Art4Healing 1 Knitting Emeritus	9:30 DMV Test Prep - RR 10 Yoga for PD 10:30 Chair Yoga - RR \$2 11:30 Lunch 12:30 Poker 12:45 Spring Dance Workshop for PD 2 & 3 Individual Apple Help - RR	9 & 10 Balance & Mobility 9:30 Individual Apple Help - RR 10 TOPS Meeting 11:30 Lunch 12:30 Cribbage 12:45 Movie Day 3 FSSC Wine Club \$

Sneak Peak - A Very Special Engagement
 Beginning February 6, 10AM-12PM

7 Week "Write Your Autobiography" Workshop

Limited Registration

Must Commit To All 7 Weeks

Call Center More Details Or To Register (949) 380-0155