

RR = Reservation Required

Monday	Tuesday	Wednesday	Thursday	Friday
January 29	January 30	January 31	1	2
9 & 10 Balance & Mobility 9 HICAP 9:30 Tremble Clef Practice 10:00 DMV Test Prep - RR 11:30 Lunch - RR 1 Ukulele Class 2:30 Tai Chi	10 & 12 Current Issues 11:30 Lunch - RR 12 Knit and Crochet 12:30 Poker 1:30 Bingo	9 & 10 Balance & Mobility 11:30 Lunch - RR 1 Knitting Emeritus 12:30 Art4Healing - RR	9:30 DMV Test Prep - RR 10 Yoga for PD 10:30 Chair Yoga - \$2 11:30 Lunch - RR 12:30 Poker 12:45 Spring Dance Workshop for PD 2 & 3 Individual Apple Help-RR	9 & 10 Balance & Mobility 9:30 Individual Apple Help-RR 10 TOPS Meeting 11:30 Lunch- RR 12:30 Cribbage 12:45 Movie Day 3 FSSC Wine Club - \$, RR
5	6	7	8	9
9 & 10 Balance & Mobility 9:30 Tremble Clef Practice & Performance 10 Legal Aid - RR 10:00 DMV Test Prep - RR 11:30 Lunch - RR 1 Ukulele Class 2:30 Tai Chi	10 & 12 Current Issues 10 Guided Autobiography Workshop - RR 11:30 Lunch - RR 12 Knit and Crochet 12:30 Poker 1:30 Bingo	9 & 10 Balance & Mobility 10 Create & Color- RR 11:30 Lunch - RR 1 Knitting Emeritus	9:30 DMV Test Prep - RR 10 Yoga for PD 10:30 Chair Yoga - \$2 11:30 Lunch - RR 12:30 Poker 12:45 Spring Dance Workshop for PD 2 & 3 Individual Apple Help - RR	9 & 10 Balance & Mobility 9:30 Individual Apple Help-RR 10 TOPS Meeting 10 Tech Drop-in Assistance 11:30 Lunch - RR 12:30 Cribbage 12:45 Movie Day
12	13	14	15	16
9 & 10 Balance & Mobility 9 HICAP - RR 9:30 Tremble Clef Practice 11:30 Lunch - Sunshine Performance Club - RR 1 Ukulele Class 2:30 Tai Chi	10 & 12 Current Issues 10 Guided Autobiography Workshop - RR 11:30 Lunch - RR 12 Voter Registration 12 Knit and Crochet 12:30 Poker 1:30 Bingo	9 & 10 Balance & Mobility 10 Memory Testing - RR 11:30 Valentine's Lunch Party - RR - Harmonaires performance 1 Knitting Emeritus	9:30 DMV Test Prep - RR 10 Yoga for PD 10:30 Chair Yoga - \$2 11:30 Lunch - RR 12:30 Poker 12:45 Spring Dance Workshop for PD 2 & 3 Individual Apple Help - RR	9 & 10 Balance & Mobility 9:30 Individual Apple Help - RR 10 TOPS Meeting 11:30 Lunch - RR 12:30 Cribbage 12:45 Movie Day

19	20	21	22	23
Closed in Observance of President's Day	10 & 12 Current Issues 10 Guided Autobiography Workshop - RR 11:30 Lunch- Tony Rogers Performance - RR 12 Knit and Crochet 12:30 Poker 1:30 Bingo 1:30 Improve Your Hearing & Life Workshop - RR	9 & 10 Balance & Mobility 10 Zentangle - RR 11:30 Lunch - RR 1 Knitting Emeritus	8:30 Pantry Staples 9:30 DMV Test Prep - RR 10 Yoga for PD 10:30 Chair Yoga - \$2 11:30 Lunch - RR - Street Performers 12:30 Poker 12:30 "Caring for Yourself While Helping Others" workshop - RR 12:45 Spring Dance Workshop for PD 2 & 3 Individual Apple Help - RR	9 & 10 Balance & Mobility 9:30 Individual Apple Help - RR 10 TOPS Meeting 11:30 Lunch - RR - Birthday Celebration 12:30 Cribbage 12:45 Movie Day
26	27	28	March 1	March 2
9 & 10 Balance & Mobility 9 HICAP - RR 9:30 Tremble Clef Practice 10:00 DMV Test Prep - RR 11:30 Lunch - RR 2:30 Tai Chi 1 Ukulele Class	10 & 12 Current Issues 10 Guided Autobiography Workshop - RR 11:30 Lunch - RR 12 Knit and Crochet 12:30 Poker 1:30 Bingo	9 & 10 Balance & Mobility 11:30 Lunch - RR 12:30 Art4Healing - RR 1 Knitting Emeritus	9:30 DMV Test Prep - RR 10 Yoga for PD 10:30 Chair Yoga - \$2 11:30 Lunch - RR 12:30 Poker 12:45 Spring Dance Workshop for PD 2 & 3 Individual Apple Help - RR	9 & 10 Balance & Mobility 9:30 Individual Apple Help - RR 10 TOPS Meeting 11:30 Lunch - RR 12:30 Cribbage 12:45 Movie Day 3 FSSC Wine Club \$

Live in Laguna Woods Village and would like transportation to attend any of our activities or have lunch?

Transportation has added the Florence Sylvester Senior Center to their regular schedule. The bus stops at the center two times per hour from 9am-5pm, Monday-Friday!

More details? Call the transportation department main line or our reception at (949) 380-0155