

RR = Reservation Required

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30	1
9 Balance & Mobility 9:30 Tremble Clef Practice 10 Balance & Mobility 11:30 Lunch	10 Current Issues 11:30 Lunch 12 Knit and Crochet 12:30 Poker 1 Current Issues 2:30 Tai Chi	9 Balance & Mobility 10 Balance & Mobility 11:30 Lunch 12:30 Art4Healing 1 Knitting Emeritus	9:30 DMV Test Prep - RR 10 Yoga for PD 10:30 Chair Yoga - RR \$2 11:30 Lunch - Birthday Celebration 12:30 Poker 1:30 Bingo 2 & 3 Individual Apple Help-RR	9 Balance & Mobility 9:30 Individual Apple Help-RR 10 Balance & Mobility 10 TOPS Meeting 11:30 Lunch 12:30 Cribbage 12:45 Movie Day 3 FSSC Wine Club \$
4	5	6	7	8
9 Balance & Mobility 9:30 Tremble Clef Practice 10 Legal Aid 10 Balance & Mobility 10:30 Dr. Trinh Doc Talk 11:30 Lunch	10 & 1 Current Issues 11:30 Lunch 12 Knit and Crochet 12:30 Poker 2:30 Tai Chi	9 Balance & Mobility 10 Balance & Mobility 11 Last Chance for AEP - Memorial Care Medicare Seminar 11:30 Lunch 1 Knitting Emeritus	9:30 DMV Test Prep - RR 10 Yoga for PD 10:30 Chair Yoga - RR \$2 11:30 Lunch 12:30 Poker 1:30 Bingo 2 & 3 Apple Help-RR	9 Balance & Mobility 9:30 Individual Apple Help - RR 10 Balance & Mobility 10 TOPS Meeting 11:30 Lunch 12:30 Cribbage 12:45 Movie Day
11	12	13	14	15
9 Balance & Mobility 9 HICAP - RR 9:30 Tremble Clef Practice 10 Balance & Mobility 10 DMV Test Prep - RR 11:30 Lunch - Sunshine Club performance 1 Nutrition Seminar - RR	10 & 1 Current Issues 11:30 Lunch 12 Knit and Crochet 12:30 Poker 2:30 Tai Chi	9 Balance & Mobility 10 Memory Testing - RR 10 Balance & Mobility 11:30 Lunch 1 Knitting Emeritus	9:30 DMV Test Prep - RR 10 Yoga for PD 10:30 Chair Yoga - RR \$2 11:30 Lunch 12:30 Poker 1:30 Bingo 2 & 3 Individual Apple Help - RR	9 Balance & Mobility 9:30 Individual Apple Help - RR 10 Balance & Mobility 10 TOPS Meeting 11:30 Lunch 12:30 Cribbage 12:45 Movie Day

18	19	20	21	22
9 & 10 Balance & Mobility 9 HICAP - RR 9:30 Tremble Clef Practice 10:00 DMV Test Prep - RR 11:30 Lunch	10 & 1 Current Issues 11:30 Lunch - Tony Rogers Performance - RR 12 Knit and Crochet 12:30 Poker 2:30 Tai Chi	9 & 10 Balance & Mobility 11:30 Lunch - Harmonaires performance	8:30 Pantry Staples 10 Yoga for PD 10:30 Chair Yoga - RR \$2 11:30 Lunch 12:30 Poker 1:30 Bingo 2 & 3 Individual Apple Help - RR	9:30 Individual Apple Help - RR 10 TOPS Meeting 11:30 Lunch - Jingle & Mingle Holiday Party - RR 12:30 Cribbage 12:45 Movie Day
25	26	27	28	29
Closed In Observance of the Christmas Holiday	11:30 Lunch 12 Knit and Crochet 12:30 Poker 2:30 Tai Chi	11:30 Lunch	10 Yoga for PD 10:30 Chair Yoga - RR \$2 11:30 Lunch 12:30 Poker 1:30 Bingo 2 & 3 Individual Apple Help - RR	9:30 Individual Apple Help - RR 10 TOPS Meeting 11:30 Lunch - Birthday Celebration 12:30 Cribbage 12:45 Movie Day

Holiday Boutique

Saturday, December 2

10am-3pm

Make a dent in your holiday shopping by supporting local artists AND the vital resources we deliver to our community.