

RR = Reservation Required

Monday	Tuesday	Wednesday	Thursday	Friday
<b>August 28</b>	<b>August 29</b>	<b>August 30</b>	<b>August 31</b>	<b>1</b>
<b>9 &amp; 10</b> Balance & Mobility <b>10</b> DMV Test Prep - RR <b>11:30</b> Lunch	<b>10</b> Current Issues <b>11:30</b> Lunch <b>12</b> Knit and Crochet <b>1</b> Current Issues <b>2</b> Grief Share - Loss of a Loved One <b>2:30</b> Tai Chi	<b>9 &amp; 10</b> Balance & Mobility <b>11:30</b> Lunch <b>12:45</b> Movie Day <b>1</b> Knitting Emeritus	<b>9:30</b> DMV Test Prep - RR <b>10</b> Yoga for PD <b>10</b> Chair Yoga - RR, \$2 <b>11:30</b> Lunch <b>1:30</b> Bingo <b>2 &amp; 3</b> Individual Apple Help-RR	<b>9 &amp; 10</b> Balance & Mobility <b>9:30</b> Individual Apple Help-RR <b>10</b> TOPS Meeting <b>11:30</b> Lunch <b>12:30</b> Cribbage <b>12:45</b> Movie Day <b>1</b> Fall Prevention & Longevity Class <b>3</b> FSSC Wine Club \$
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<p style="text-align: center;"><b>Closed In Observation Of Labor Day</b></p>	<b>10</b> Current Issues <b>11:30</b> Lunch <b>12</b> Knit and Crochet <b>1</b> Current Issues <b>2</b> Grief Share - Loss of a Loved One <b>2:30</b> Tai Chi	<b>9 &amp; 10</b> Balance & Mobility <b>10</b> Create & Color- RR <b>11:30</b> Lunch <b>12:30</b> How to Avoid Medicare Fraud - RR <b>12:45</b> Movie Day <b>1</b> Knitting Emeritus	<b>9:30</b> DMV Test Prep - RR <b>10</b> Yoga for PD <b>10:30</b> Chair Yoga - RR, \$2 <b>11:30</b> Lunch <b>1:30</b> Bingo <b>2 &amp; 3</b> Individual Apple Help-RR	<b>9 &amp; 10</b> Balance & Mobility <b>9:30</b> Individual Apple Help - RR <b>10</b> TOPS Meeting <b>11:30</b> Lunch <b>12:30</b> Cribbage <b>12:45</b> Movie Day <b>1</b> Fall Prevention & Longevity Class
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>9 &amp; 10</b> Balance & Mobility <b>9</b> HICAP - RR <b>10</b> Legal Aid <b>10</b> DMV Test Prep - RR <b>10:30</b> Dr. Trinh Doc Talk <b>11:30</b> Lunch <b>1</b> Ukulele Class - RR <b>1</b> Randi Biederman Book Signing/Meet and Greet <b>1:30</b> Ballroom Dancing	<b>10</b> Current Issues <b>11:30</b> Lunch - Sunshine Performance Club <b>12</b> Knit and Crochet <b>1</b> Current Issues <b>2</b> Grief Share - Loss of a Loved One <b>2:30</b> Tai Chi	<b>9 &amp; 10</b> Balance & Mobility <b>10</b> Memory Testing - RR <b>11:30</b> Lunch <b>12:45</b> Movie Day <b>1</b> Knitting Emeritus	<b>9:30</b> DMV Test Prep - RR <b>10</b> Yoga for PD <b>10:30</b> Chair Yoga - RR, \$2 <b>11:30</b> Lunch <b>1:30</b> Bingo <b>2 &amp; 3</b> Individual Apple Help - RR	<b>9 &amp; 10</b> Balance & Mobility <b>9:30</b> Individual Apple Help - RR <b>10</b> TOPS Meeting <b>11:30</b> Lunch <b>12:30</b> Cribbage <b>12:45</b> Movie Day <b>1</b> Fall Prevention & Longevity Class

18		19		20		21		22	
<b>9 &amp; 10</b> Balance & Mobility <b>9</b> HICAP - RR <b>11:30</b> Lunch - Street Performers <b>1</b> Ukulele Class - RR <b>1:30</b> Ballroom Dancing Class	<b>10</b> Current Issues <b>11:30</b> Lunch- Tony Rogers Performance <b>12</b> Knit and Crochet <b>1</b> Current Issues <b>2</b> Grief Share - Loss of a Loved One <b>2:30</b> Tai Chi	<b>9 &amp; 10</b> Balance & Mobility <b>10</b> Zentangle Art Class - RR <b>11:30</b> Lunch <b>12:45</b> Movie Day <b>1</b> Knitting Emeritus	<b>8:30</b> Pantry Staples <b>10</b> Yoga for PD <b>10:30</b> Chair Yoga - RR, \$2 <b>11:30</b> Lunch <b>1:30</b> Bingo <b>2 &amp; 3</b> Individual Apple Help - RR	<b>9 &amp; 10</b> Balance & Mobility <b>9:30</b> Individual Apple Help - RR <b>10</b> TOPS Meeting <b>11:30</b> Lunch <b>12:30</b> Cribbage <b>12:45</b> Movie Day <b>1</b> Fall Prevention & Longevity Class					
25		26		27		28		29	
<b>9 &amp; 10</b> Balance & Mobility <b>9</b> HICAP - RR <b>10</b> DMV Test Prep - RR <b>11:30</b> Lunch - Street Performers <b>12:15</b> Diabetes 101 - Doc Talk <b>1</b> Ukulele Class - RR <b>1:30</b> Ballroom Dancing Class	<b>10</b> Current Issues <b>11:30</b> Lunch <b>12</b> Knit and Crochet <b>1</b> Current Issues <b>2</b> Grief Share - Loss of a Loved One <b>2:30</b> Tai Chi	<b>9 &amp; 10</b> Balance & Mobility <b>10</b> Hearing Screening - RR <b>11:30</b> Lunch - Harmonaires Performance <b>12:30</b> Art4Healing - RR <b>12:45</b> Movie Day <b>1</b> Knitting Emeritus	<b>9:30</b> DMV Test Prep - RR <b>10</b> Yoga for PD <b>10:30</b> Chair Yoga - RR, \$2 <b>11:30</b> Lunch <b>1:30</b> Bingo <b>2 &amp; 3</b> Individual Apple Help-RR	<b>9 &amp; 10</b> Balance & Mobility <b>9:30</b> Individual Apple Help-RR <b>10</b> TOPS Meeting <b>11:30</b> Lunch - Birthday Celebration <b>12:25</b> COX presentation - save on your monthly internet bill and learn internet safety tips <b>12:30</b> Cribbage <b>12:45</b> Movie Day <b>1</b> Fall Prevention & Longevity Class					

**SNEAK PEAK - SAVE THE DATE**  
**Pancake Breakfast and Car Show**  
**October 28<sup>th</sup>**  
**8am-11:30am**  
**\$7 all you can eat pancakes**  
**Fantastic Cars, Prizes, Fundraiser**