

MON	TUE	WED	THU	FRI
	1	2	3	4
	11:30 Congregate Lunch 12 Poker	11:30 Congregate Lunch 1 Emeritus Current Issues Class (online until 2/23) 3 Balance and Strength Class	8:30 Emeritus Beading Class (on-line until 2/24) 11:30 Congregate Lunch 12 Poker 1 Bingo	11:30 Congregate Lunch 1 Meditation Class Session #3
7	8	9	10	11
10 DMV Test Prep 10:30 Dr Trinh Lecture 11:30 Congregate Lunch 2 Integrative Arts Play for Parkinson's Disease	11:30 Congregate Lunch 12 Poker	11:30 Congregate Lunch 10 Medicare Enrollment Education Class 1 Emeritus Current Issues Class (on-line until 2/24) 3 Balance and Strength Class	8:30 Emeritus Beading Class (on-line until 2/24) 11:30 Congregate Lunch 12 Poker 1 Bingo	10 Individual Technology Help 11:30 Congregate Lunch 1 Meditation Class Session #4 2 Fundamentals of Balance and Mobility with Vertigo
14	15	16	17	18
11:30 Congregate Lunch 2 Integrative Arts Play for Parkinson's Disease	11:30 Congregate Lunch 12 Poker	11:30 Congregate Lunch 1 Emeritus Current Issues Class (on-line until 2/24) 3 Balance and Strength Class	8:30 Emeritus Beading Class (on-line until 2/24) 11 Commodities Pantry Staples Pick-up 11:30 Congregate Lunch 12 Poker 1 Bingo	11:30 Congregate Lunch 2 Fundamentals of Balance and Mobility with Vertigo
21	22	23	24	25
Closed in observance of President's Day	11:30 Congregate Lunch 12 Poker 12:30 Workshop "Funeral Preplanning: What are my options"	11:30 Congregate Lunch 1 Emeritus Current Issues Class 3 Balance and Strength Class	8:30 Emeritus Beading Class 10 Individual Medication Review 11:30 Congregate Lunch 12 Poker 1 Bingo	11:30 Congregate Lunch - February Birthday Celebration!! 2 Fundamentals of Balance and Mobility with Vertigo
28				
11:30 Congregate Lunch 2 Integrative Arts Play for Parkinson's Disease				