



Oct./Nov. 2021

Highlights for October and November

Oct 30th	Pancake Breakfast, Car Show & Raffle	*Call to sign-up
Nov 13th	Big Bingo Night!!	(949) 380-0155

MON	TUE	WED	THU	FRI	SAT
					30
					8:30-11am Pancake Breakfast, Car Show and Raffle
1	2	3	4	5	6
9am, 10am, 11am Medicare Counseling with HICAP - call for appointment	1:30-2:15pm Balance, Strength and Stretch Class *		10am DMV Written Driving Test Prep*	1:30-2:15pm Balance, Strength and Stretch Class*	
8	9	10	11	12	13
9:30-12:30 "Brown Bag" Individual Medication Review with Geriatric Pharmacist, Bill Liu*	1:30-2:15pm Balance, Strength and Stretch Class *	1pm Bingo Card Sale 1:30- Bingo Game Begins	10am DMV Written Driving Test Prep*	1:30-2:15pm Balance, Strength and Stretch Class*	Big Bingo Night!!!! 3:15 Doors Open 4:00 Bingo Begins 5:15 Dinner 6:15 Bingo Resumes
15	16	17	18	19	20
9am, 10am, 11am Medicare Counseling with HICAP - call for appointment	1:30-2:15pm Balance, Strength and Stretch Class*	1pm Bingo Card Sale 1:30- Bingo Game Begins	11-12pm Monthly Pantry Staples Pick-up	1:30-2:15pm Balance, Strength and Stretch Class*	
22	23	24	25	26	27
	1:30-2:15pm Balance, Strength and Stretch Class*	1pm Bingo Card Sale 1:30- Bingo Game Begins	Happy Thanksgiving! Closed for Thanksgiving Holiday	Florence Sylvester Senior Center Closed for Thanksgiving Holiday	
29	30	1	2	3	4
9am, 10am, 11am Medicare Counseling with HICAP - call for appointment	1:30-2:15pm Balance, Strength and Stretch Class*	11:30 Congregate Lunch is Back!! 1pm Bingo Card Sale 1:30- Bingo Begins	11:30-12:30 Congregate Lunch	1:30-2:15pm Balance, Strength and Stretch Class*	